

**Date:- 24/02/2025**

## **CIRCULAR**

This is to inform all the faculty that a workshop is organized on the topic “**Stress Management and Burnout Prevention for Postgraduates Workshop**” which will be held on 03.03.2025. All the faculty are requested to attend this workshop.

Venue: Dr. Ketki Patil Hall

Time: 2PM to 4PM



Dean,  
Dr. Ulhas Patil Medical College  
& Hospital, Jalgaon Kh.

**Date:- 26/06/2025**

## **CIRCULAR**

This is to inform all the faculty that a workshop is organized on the topic “**Handling Conflicts and Medical Errors Workshop**” by **Godavari Engineering College, Jalgaon**, which will be held on 04.07.2025. All the faculty are requested to attend this workshop.

Venue: Dr. Ketki Patil Hall

Time: 2PM to 4PM



A handwritten signature in blue ink, appearing to be "J. Patil".

Dean,  
Dr. Ulhas Patil Medical College  
& Hospital, Jalgaon Kh.



GODAVARI FOUNDATION'S

# DR. ULHAS PATIL MEDICAL COLLEGE & HOSPITAL

Recognized by National Medical Commission, Approved by Central Govt. of India, New Delhi,  
Letter no. MCI-34(41)/2012-med./158127, dated 05/02/2013

Affiliated to Maharashtra University of Health Sciences, Nashik [College Code-1306]

Jalgaon-Bhusawal Road, Jalgaon Kh, Tal. & Dist. Jalgaon 425309 Tel. No.(0257)2366657, 2366678  
Email ID : dupmcj@yahoo.in, dupmcj@gmail.com Website : www.dupmc.ac.in

**NAAC ACCREDITED**

Date: 3<sup>rd</sup> March 2025

## PROGRAM REPORT

Title of Program	<b>Stress Management and Burnout Prevention for Postgraduates Workshop</b>
Objective of Program	To equip participants with skills to recognize, prevent, and manage stress and burnout for improved mental health and professional efficiency.
Participant Type (tick applicable)	Teachers
Date and Duration of Program	03.03.2025 and from: 2PM To: 4PM Number of Hours (duration): 2 hours
Venue of the program/event	Dr. Ketki Patil Hall
Program Organized by (Department/Committee/Unit)	Medical Education Unit, DUPMC
Program in-charge	Dr. Anant Bendale
Name of Faculty / Guest Speaker	Prof. Nilesh Wani and Prof. Gosavi from Godavari Engineering College, Jalgaon
Supporting staff member	Dr. Prashanth K Guddeti and Dr. Nilesh Bendale
Vote of thanks presented by	Dr. Kailash Wagh
Geo-tagged photos (tick applicable)	Soft copy: Yes / No Hard Copy: Yes / No
Number of participants (attended program / event)	30
Brief about the Program (Activity/Event details)	<p>The session focused on understanding stress and burnout in postgraduate training, their impact on mental health, and practical methods of coping and resilience-building.</p> <p>Activities Conducted :</p> <ul style="list-style-type: none"><li>Introductory talk on stress and burnout</li><li>Group interaction and sharing experiences</li><li>Role play on stressful clinical scenarios</li><li>Guided relaxation and mindfulness exercises</li></ul> <p>Outcomes :</p> <ul style="list-style-type: none"><li>Increased awareness of stress and burnout</li></ul>

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	Improved coping skills and resilience Positive feedback on usefulness of relaxation techniques
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**MET Coordinator**



**Dean**



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Date: 4<sup>th</sup> July 2025

## PROGRAM REPORT

Title of Program	<b>Handling Conflicts and Medical Errors Workshop</b>
Objective of Program	To train participants in effectively managing conflicts and responsibly handling medical errors to ensure patient safety and professionalism.
Participant Type (tick applicable)	Teachers
Date and Duration of Program	04.07.2025 and from: 2PM To: 4PM Number of Hours (duration): 2 hours
Venue of the program/event	Dr. Ketki Patil Hall
Program Organized by (Department/Committee/Unit)	Medical Education Unit, DUPMC
Program in-charge	Dr. Anant Bendale
Name of Faculty / Guest Speaker	Prof. Madhuri Jawar and Prof. Gosavi from Godavari Engineering College, Jalgaon
Supporting staff member	Dr. Prashanth K Guddeti and Dr. Nilesh Bendale
Vote of thanks presented by	Dr. Kailash Wagh
Geo-tagged photos (tick applicable)	Soft copy: Yes / No Hard Copy: Yes / No
Number of participants (attended program / event)	30
Brief about the Program (Activity/Event details)	<p>The workshop emphasized communication, teamwork, and ethical management of conflicts and errors in clinical practice, with focus on patient safety and professionalism.</p> <p>Activities Conducted :</p> <p>Lecture on conflict resolution and patient safety Role play on conflict situations Simulation for error disclosure Group discussion on medico-legal case studies</p> <p>Outcomes :</p>

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## NAAC ACCREDITED

	Better understanding of conflict resolution Improved communication skills in error handling Increased confidence in patient safety practices
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**MET Coordinator**



**Dean**